Eala Bhàn

Delicate 8 course Tasting Menu
Amuse Bouche

Taste of the Wild Atlantic Way
Pan seared Lemon Buttered Scallop, Kattaifi Prawn, MullaghmoreFish
Cake Bon Bon , Streedagh beach Fried Carrigeen Moss and Saffron Aioli
Lemon Foam

Trio of Smoked Duck
In house duck liver pâté, Sliced smoked duck breast, duck and plum bon
bon served with red onion marmalade, dried figs, rolled ciabatta, mini
Cashel blue cheese icecream cone

Sorbet

When The Boat Comes In
Locally sourced market fish hand picked by Anthony

Beef Medallion
Beef Medallion gruyere & creamy buttered leek mash, finely chopped
sauteed chorizo topped with pearl onions, red wine jus

Chocolate Surprise
Magical melting Eala Bhan chocolate sphere with hollow centre , pour
the hot milk chocolate all over to reveal the surprise within

Irish Cheese tasting Plate
€89 pp

List Of Suppliers:
Sherlocks Of Tubbercurry Meat / Sligo I.T. Farmers Market
Brendan Feeney Pork & Bacon, Rosses Point, Sligo
Lets Organic Centre, Sligo / Bluebell Falls Cheese, Cork
Dozios Cheese, Mayo / Lavins Veg, Mayo
Le Fournil French Bakery, Sligo / Achill Sea Salt, Mayo
Albatross Fish, Killybegs / BD Foods, Monaghan

Eala Bhán

Eala Bhán 8 Course Delicate Tasting Menu

We have designed a very special 8 course delicate tasting menu for you to enjoy.
This menu has been specially created by our Head Chef, Rafal Chimiak,
and Anthony Gray. It features handpicked Sligo ingredients delicately & artistically
prepared and allows you to indulge in an amazing Sligo culinary experience.
Every dish has been carefully selected, working closely with local suppliers
most of it sourced daily with the freshest, finest ingredients hand picked.

8 Course Delicate Tasting Menu
€89 per person

Ingredients :

Sea salt	Champagne	Duck Liver
Chilli	Egg Shells	Beef
Garlic	Oranges	Celeriac
Mushrooms	Scallops	Belgian Chocolate
Spinach	Prawns	Cheese
Blue Cheese	Local White Pudding	Nuts
Rosemary	Pistachio Nuts	Baby Carrots
Cream	Shiraz	Popcorn
Sourdough	Raisins	Pesto
Dilsk	Onions	Seaweed
Vanilla Pods	Sweet Potato	Star Anise
Chorizo	Butter	Shallots